



Uganda Swimming Federation

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Our Ref: USF/GS/11-05-2016

11 May 2016

**To: Chairpersons/Team Coaches & Managers
All Swimming Clubs in Uganda.**

**2ND USF NATIONAL INTER-CLUB SWIMMING CHAMPIONSHIPS, 11 – 12 JUNE 2016 AT
KAMPALA INTERNATIONAL SCHOOL OF UGANDA (KISU) POOL, BUKOTO.**

The Uganda Swimming Federation (USF) does hereby invite **ALL SWIMMING CLUBS IN UGANDA** to take part in the **2ND USF NATIONAL INTER-CLUB SWIMMING CHAMPIONSHIPS** due on **11 – 12 June 2016** at the **KISU Swimming Pool, Bukoto.**

1. Deadline for Return of Entry Forms – Friday 3 June 2016

All Swimming Clubs are required to complete the attached **Entry Forms** and return them to the USF by **Friday 3 June 2016** by **4 pm** as confirmation of participation. The Forms should be returned by Email to akiikirezi@gmail.com (Competitions Secretary) and copied to ugandaswimmingfed@gmail.com and ugandaswimmingfed@hotmail.com. **Coaches and Team Managers are also encouraged to send entries using the zip file format using ONLY the meet set up. Entries must indicate Entry Times for the Events to be swum for seeding purposes.**

2. Entries, Applicable Rules and Entry Fees

- a) Each Club will be allowed to enter a **MAXIMUM of 3 (three) swimmers per** event.
- b) Each Club will be allowed to enter **ONLY 1 (one) team per relay** Event.
- c) Each Club will be required to pay **UGX 5,000/=** entry fees per athlete per event and **UGX 10,000/=** per relay team per relay event.

3. Team Managers' Meeting on Tuesday 7 June 2016

A Team Managers' meeting will be held on **Tuesday 7 June 2016** starting at **5.30 pm** at **Uganda Olympic Committee (UOC) Offices** whose attendance is mandatory. It will be at this meeting that any final changes to the entries may be made, and the Championship Rules discussed. You are therefore requested to ensure that your Team Manager attends this very important Meeting.

4. Settlement of Affiliation Fees Arrears

Clubs are reminded to ensure that they settle all pending dues for 2015 not later than **Tuesday 7 June 2016** with the **USF Administrator, Ms. Doreen NAMBI (+256 723 252 693)**. The USF Executive reserves the right of participation for Clubs not fully paid up.

5. Competition Rules

- a) The One Start Rule shall apply. FINA Rules shall apply and will be enforced.
- b) The Championships will take place in **an 8 lane, 25m swimming pool**.
- c) The pool will be open for warm-ups at 7:00 am until 8:30 am. The Competition will start at 9:00 am on both days and will observe a lunch break as appropriate.

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- d) All Clubs must ensure that Swimmers wear **appropriate competition swimwear** and should that they are **professionally attired** for awards and or press briefings, if held.
- e) **Fielding over-age swimmers or impersonation** will result in outright disqualification of the Swimmer and Coach, and will attract other sanctions to be determined.
- f) All **protests** shall be in writing and addressed to the Referee upon payment by the Club, a non-refundable protest fee of **UGX 150,000/=** with the protest. The Referee will rule on all protests, and where dissatisfied, an appeal may be lodged in writing to a Jury to be designated by the USF Executive, whose decisions will be final and binding. All appeals shall be lodged with a non-refundable appeal fee of **UGX 150,000/=** with the appeal.
- g) **The REVISED Event List** for the Championships is attached. All events will be swum on heat declared finals. **All 200m Events and above can only be swum by swimmers of 12 years and over. The age of the athlete should be at the first day of the Competition. Coaches should be ready to provide acceptable evidence of the athletes' date of birth.**
- h) **Points** will be allocated for places 1 – 15 and will be as follows –
- | | | |
|---------------------------------------|----------|----------------------|
| i) 1 st position | – | 18 points; |
| ii) 2 nd position | – | 16 points; |
| iii) 3 rd position | – | 14 points; |
| iv) 4 th position | – | 12 points; |
| v) 5 th position | – | 11 points; |
| vi) 6 th position | – | 10 points; |
| vii) 7 th position | – | 9 points; |
| viii) 8 th position | – | 8 points; |
| ix) 9th position | – | 7 points; |
| x) 10th position | – | 6 points; |
| xi) 11th position | – | 5 points; |
| xii) 12th position | – | 4 points; |
| xiii) 13th position | – | 3 points; |
| xiv) 14th position | – | 2 points; and |
| xv) 15th position | – | 1 point. |
- i) **The Records Desk** will be accessible by only the Team Coach. Team violations will attract a penalty of **UGX 50,000/=** per violation and or eviction of the individual.
- j) Each Club will be responsible for providing **refreshments, drinking water and lunch** for its Team Members. Club leaders are therefore requested to make arrangements.


6. **Disclaimer/Indemnification**

PARTICIPATION IS ENTIRELY AT OWN RISK. By agreeing to take part, each Club will have indemnified the USF and its Executive/Employees/Volunteers/Partners against any incident or accident resulting in injury or loss, which may occur before, during and after the Championships that is not a result of negligence. By participating, all Clubs and Participants shall be deemed to have agreed to and read the Rules.

7. **Contact Details**

Enquiries can be addressed to the undersigned by Email.


Donald RUKARE (Dr.)
P R E S I D E N T


- Moses B. MWASE
SECRETARY GENERAL

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