



Uganda Swimming Federation

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Our Ref: USF/GS/20-01-2015

25 February 2017

**To: The Sports Heads/PE Instructors
All Secondary Schools in Uganda.**

INVITATION TO THE 3RD USF INTER-SECONDARY SCHOOL NATIONAL SWIMMING GALA, SATURDAY 25 MARCH 2017 AT GREEN HILL ACADEMY

The Uganda Swimming Federation (USF) in partnership with Green Hill Academy does hereby invite all Secondary Schools in Uganda to take part in the **3rd USF Inter-Secondary Schools National Swimming Championships** due on **Saturday 25 March 2017** at **Green Hill Academy** starting at **8.30 am**.

1. Deadline for Return of Entry Forms – Tuesday 21 March 2016

All Secondary Schools are requested to complete the attached **Entry Forms** and return them to the USF by **Monday 21 March 2017** by **4 pm** as confirmation of participation. The Forms should be returned by Email to ugandaswimmingfed@gmail.com with copies to ugandaswimmingfed@hotmail.com and akiikirezi@gmail.com (Competitions Secretary).

2. Entries, Applicable Rules and Entry Fees

- a) Each Team will be allowed to enter only 2 (two) swimmers per event.
- b) Each Team shall be allowed to enter one Team per relay Event.
- c) Team should bring only Swimmers. Non-swimmers will not be allowed to access the school premises or the Competition Venue.
- d) Team Participation Fees: Each Team will be required to pay a flat fee of **UGX 150,000/=** to participate in the Championships.

3. Team Managers' Meeting on Tuesday 21 March 2017

A Team Managers' meeting will be held on **Tuesday 21 March 2017** starting at **5.30 pm** at **Green Hill Academy**. All managers/sports heads of each participating Primary School are reminded to attend this meeting. It will be at this meeting that any final changes to the entries may be made, and the Gala Rules reviewed.

4. Competition Rules/Program

- a) FINA Rules shall apply as determined by USF.
- b) The Championships will take place in a 25m swimming pool.

- c) Fielding over-age swimmers or impersonation will result in outright disqualification of the Swimmer and Coach, and will attract other sanctions to be determined.
- d) Medals will be awarded to the first 3 positions in each event.
- e) Points will be allocated for places 1 – 15 and will be as follows:
- | | | |
|---------------------------------|---|---------------|
| i) 1 st position | – | 18 points; |
| ii) 2 nd position | – | 16 points; |
| iii) 3 rd position | – | 14 points; |
| iv) 4 th position | – | 12 points; |
| v) 5 th position | – | 11 points; |
| vi) 6 th position | – | 10 points; |
| vii) 7 th position | – | 9 points; |
| viii) 8 th position | – | 8 points; |
| ix) 9 th position | – | 7 points; |
| x) 10 th position | – | 6 points; |
| xi) 11 th position | – | 5 points; |
| xii) 12 th position | – | 4 points; |
| xiii) 13 th position | – | 3 points; |
| xiv) 14 th position | – | 2 points; and |
| xv) 15 th position | – | 1 point. |

The Event List for the Gala is attached to this Invitation.

5. Good Standing/Settlement of Affiliation Fees Arrears

Schools are reminded to ensure that they settle the USF Affiliation Fees of **UGX 150,000/=** for 2017 in order to be eligible to take part. These should be immediately paid to the **USF Administrator** who can be reached on **+256 723 252 693 (Ms. Doreen NAMBI)**.

6. Refreshments/Drinking Water/Lunch

Each School will be responsible for providing refreshments, drinking water and lunch for its Team Members. Team Leaders are therefore reminded to make arrangements.

7. Contact Details

All enquiries should be sent to the USF official Emails indicated above or via cellphone on **+256772744500 (President)** or **+256752507082 (Secretary General)** or **+256752591654 (Competitions Secretary)**.



Donald RUKARE (Dr.)

P R E S I D E N T



Moses B. MWASE

GENERAL SECRETARY