



Uganda Swimming Federation

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Our Ref: USF/GS/04-07-2016

4 July 2016

To: All Coaches/Masters Swimmers

Dear All,

**REMINDER SUMMONS FOR 7TH USF NATIONAL MASTERS SWIMMING GALA,
16 JULY 2016 AT GEMS CAMBRIDGE INTERNATIONAL SCHOOL KAMPALA**

This is to remind you of the Scheduled 7th USF National Masters Championships due on **16 July 2016** at **Gems Cambridge International School Kampala** starting at **10:00** am.

Masters Swimmers (**who must be 25 years and over**) or their Coaches are reminded to submit their Entry Events to be swam **by 15 July 2016** by Email to the USF Competitions Secretary to shinno04@gmail.com with a copy to USF Official Emails ugandaswimmingfed@gmail.com and ugandaswimmingfed@hotmail.com

Entries on deck will be permissible.

Each Masters Participant will be required to pay Participation Fees of Entry Fees of **UGX 5,000/=** per event and **UGX 20,000** per Relay Event. Spectators will be charged **UGX 10,000/=** per person.

The Event List/Order of Events and Competition Rules are attached.

A handwritten signature in black ink, appearing to read 'Donald RUKARE', is written over a horizontal line.

Donald RUKARE (Dr.)
P R E S I D E N T

A handwritten signature in blue ink, appearing to read 'Moses B. MWASE', is written over a horizontal line.

Moses B. MWASE
SECRETARY GENERAL

UGANDA SWIMMING FEDERATION (USF)
7TH NATIONAL MASTERS SWIMMING GALA, 16 JULY 2016
GEMS CAMBRIDGE INTERNATIONAL SCHOOL KAMPALA

EVENT LIST/ORDER OF EVENTS

Event Number	Event	Categories
1.	200m Freestyle	Women
2.	200m Freestyle	Men
3.	50m Freestyle	Women
4.	50m Freestyle	Men
5.	25m Backstroke	Women
6.	25m Backstroke	Men
7.	50m Freestyle Mixed Relay	Mixed
8.	25m Breaststroke	Women
9.	25m Breaststroke	Men
10.	50m Butterfly	Women
11.	50m Butterfly	Men
12.	25m Freestyle Relay	Women
13.	25m Freestyle Relay	Men
14.	100m Freestyle	Women
15.	100m Freestyle	Men
16.	25m Butterfly	Women
17.	25m Butterfly	Men
18.	50m Backstroke	Women
19.	50m Backstroke	Men
20.	25m Freestyle Mixed Relay	Mixed
21.	50m Breaststroke	Women
22.	50m Breaststroke	Men
23.	25m Freestyle	Women
24.	25m Freestyle	Men
25.	50m Freestyle Relay	Women
26.	50m Freestyle Relay	Men